

## TX CLINICAL CRITERIA & PROCEDURE

<b>CRITERIA NAME:</b> Histrelin Acetate (Vantas, Supprelin LA)	<b>CRITERIA ID:</b> TX.CC.PHAR.37
<b>BUSINESS UNIT:</b> Superior HealthPlan	<b>FUNCTIONAL AREA:</b> Pharmacy, Medical Directors, Claims
<b>EFFECTIVE DATE:</b> 7/9/2024	<b>PRODUCT(S):</b> STAR, STAR PLUS, STAR HEALTH, STAR KIDS, CHIP, CHIP Perinate
<b>REVIEWED/REVISED DATE:</b> 7/9/2024	
<b>REGULATOR MOST RECENT APPROVAL DATE(S):</b> N/A	

### CRITERIA STATEMENT:

The purpose of this clinical criteria is to provide a guide to medical necessity reviews for Histrelin acetate (Vantas, Supprelin LA).

### PURPOSE:

To provide clinical criteria standards which align with FDA approved indication(s) and/or established practice guidelines for prior authorization review. Prior authorization is required to determine medical necessity of the requested drug(s), which ensures safety, clinical appropriateness and cost-effectiveness while maintaining optimal therapeutic outcomes.

### SCOPE:

This criteria applies to all directors, officers, and employees of Centene Corporation, its affiliates, health plans, and subsidiary companies (collectively, the "Company").

### DEFINITIONS:

CPP: central precocious puberty

FDA: Food and Drug Administration

GnRH: gonadotropin-releasing hormone

LH: luteinizing hormone

NCCN: National Comprehensive Cancer Network

### POLICY:

It is the policy of Superior HealthPlan (SHP) and Centene Pharmacy Services (CPS) to follow state guidance for medical necessity review of Histrelin acetate (Vantas® and Supprelin LA®).

### **Description/Mechanism of Action:**

Histrelin acetate (Vantas® and Supprelin LA®) is a gonadotropin-releasing hormone (GnRH) agonist.

### *FDA Approved Indication(s)*

Vantas is indicated for the palliative treatment of advanced prostate cancer.

Supprelin LA is indicated for the treatment of children with central precocious puberty (CPP).

### PROCEDURE:

Provider must submit documentation (which may include office chart notes and lab results) supporting that member has met all approval criteria.

## I. Initial Approval Criteria

### A. Prostate Cancer (must meet all):

1. Diagnosis of prostate cancer;
2. Request is for Vantas;
3. Prescribed by or in consultation with an oncologist or urologist;
4. Age  $\geq$  18 years;
5. Request is for palliative treatment;
6. Request meets one of the following (a or b):\*
  - a. Dose does not exceed 50 mg per 12 months (one implant per year);
  - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (prescriber must submit supporting evidence).

\*Prescribed regimen must be FDA-approved or recommended by NCCN

**Approval duration:** 12 months

**B. Central Precocious Puberty (must meet all):**

1. Diagnosis of CPP confirmed by all of the following (a, b, and c):
  - a. Elevated basal luteinizing hormone (LH) level > 0.2 - 0.3 mIU/mL (dependent on type of assay used) and/or elevated leuprolide-stimulated LH level > 3.3 - 5 IU/L (dependent on type of assay used);
  - b. Difference between bone age and chronological age was > 1 year (bone age-chronological age);
  - c. Age at onset of secondary sex characteristics (i or ii):
    - i. Female: < 8 years;
    - ii. Male: < 9 years;
2. Request is for Supprelin LA;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Member meets one of the following age requirements (a or b):
  - a. Female: 2 - 11 years;
  - b. Male: 2 - 12 years;
5. Dose does not exceed 50 mg per 12 months (one implant per year).

**Approval duration:** 12 months

**C. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to: CP.PMN.255 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

**II. Continued Therapy**

**A. Prostate Cancer (must meet all):**

1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Vantas for prostate cancer and has received this medication for at least 30 days;
2. Request is for Vantas;
3. Member is responding positively to therapy;
4. If request is for a dose increase, request meets one of the following (a or b):\*
  - a. New dose does not exceed 50 mg per 12 months (one implant per year);
  - b. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*\*Prescribed regimen must be FDA-approved or recommended by NCCN*

**Approval duration:** 12 months

**B. Central Precocious Puberty (must meet all):**

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Request is for Supprelin LA;
3. Member is responding positively to therapy as evidenced by, including but not limited to, improvement in any of the following parameters: decreased growth velocity, cessation of menses, softening of breast tissue or testes, arrested pubertal progression;
4. Member meets one of the following age requirements (a or b):
  - a. Female: ≤ 11 years;
  - b. Male: ≤ 12 years;
5. If request is for a dose increase, new dose does not exceed 50 mg per 12 months (one implant per year).

**Approval duration:** 12 months

**C. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to: CP.PMN.255 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.PMN.53 or evidence of coverage documents.
- B.** The following are conditions for which treatment with Supprelin LA is considered NOT medically necessary:
  - 1. Transsexualism (F64.0);
  - 2. Dual role transvestism (F64.1);
  - 3. Gender identity disorder of childhood (F64.2);
  - 4. Other gender identity disorders (F64.8);
  - 5. Gender identity disorder, unspecified (F64.9);

**REFERENCES:**

CP.PHAR.172 Histrelin Acetate (Vantas, Supprelin LA)  
Texas Medicaid Provider Procedures Manual: Outpatient Drug Services Handbook

**ATTACHMENTS:** N/A

**REVISION LOG**

<b>REVISION TYPE</b>	<b>REVISION SUMMARY</b>	<b>DATE APPROVED &amp; PUBLISHED</b>
New Policy	Created from Corporate criteria to align with TMHP guidance on Senate Bill 14 – Section III. B. added.	07/09/2024

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