

## Disease Management (DM) Programs

Medicaid, CHIP, STAR+PLUS MMP and Wellcare By Allwell



Disease management is defined as a system of coordinated health-care interventions and communications for populations with conditions in which patient self-care efforts are significant. Disease management for chronic medical and behavioral health conditions is available to help Superior HealthPlan Medicaid (STAR, STAR Health, STAR Kids, STAR+PLUS), CHIP, STAR+PLUS Medicare-Medicaid Plan (MMP) and Wellcare By Allwell (HMO and HMO DSNP) members. Superior's health coaches coordinate with both the member and their providers to focus on disease-specific conditions, as listed in the table below.

Population Health Clinical Operations (PHCO) – Centene Shared Services	CHIP	STAR	STAR Health	STAR Kids	STAR+PLUS	MMP Dual	Wellcare
Asthma	√	√	√	√	√	√	
Chronic Obstruction Pulmonary Disease (COPD)		√			√	√	
Diabetes	√	√	√	√	√	√	
Heart Disease Coronary Artery Disease (CAD)		√			√	√	
Heart Failure (HF)		√			√	√	
Puff Free Pregnancy (PFP)	√	√	√	√	√	√	
Hyperlipidemia	√	√	√	√	√	√	
Hypertension	√	√	√	√	√	√	
Pediatric Obesity	√	√	√	√			
Weight Management	√	√	√	√	√	√	
Adult Tobacco Cessation	√	√	√	√	√	√	
Minor Tobacco Cessation	√	√	√	√			
Exercise	√	√	√	√	√	√	
Nutrition	√	√	√	√	√	√	
Stress	√	√	√	√	√	√	
Superior Disease Management Programs	CHIP	STAR	STAR Health	STAR Kids	STAR+PLUS	MMP Dual	Wellcare
Attention Deficit Hyperactivity Disorder (ADHD)	√	√	√	√			
Diabetes				√			
Bipolar Disorder		√			√		
Chronic Pain		√			√		
Depression	√	√	√	√	√	√	√
Intellectual or Developmental Disability (IDD)	√	√	√	√			
Perinatal Depression	√	√	√	√	√		
Perinatal Substance Use Disorder	√	√	√	√	√		
Schizophrenia		√			√		
Sickle Cell Disease				√			
Smart Nutrition and Activity Program (SNAP) / Obesity Program				√			
Substance Use Disorder (SUD)	√	√			√		

Please call the numbers below to refer a member for disease management services:

- Medicaid (STAR, STAR Kids, STAR+PLUS), CHIP, MMP and Wellcare By Allwell: [1-800-218-7453](tel:1-800-218-7453)
- STAR Health: [1-866-912-6283](tel:1-866-912-6283)